

# Carolyn Katzin's The DNA Diet® Weight Loss Program



- The most personalized, current and effective weight loss program available today
- The DNA Diet identifies how you can work with your genes to guide your food choices for optimal health

## **How your DNA Profile is determined:**

We interpret genetic test results you already have obtained from independent CLIA laboratory testing. The gene variations tested include (*but are not limited to*):

- Cardiovascular health - genes involved in methyl donation and lipid regulation
- Bone and structural health - genes involved in Vitamin D and collagen
- Metabolism and weight control - genes involved in glucose metabolism and insulin
- Detoxification capacity - liver enzyme genes
- Energy and antioxidant protection - antioxidant genes
- Inflammation tendencies - genes coding for inflammatory markers

In addition to the genetic test results we incorporate these with the questionnaire results

## **How will this help me lose weight?**

The DNA profile is designed to help you learn which specific foods are important for your body to be in balance nutritionally. Our goal is to help you to achieve metabolic balance which in turn will help your body weight find its healthy balance point. To assist you in kick starting your lifelong healthy balance eating patterns we offer a six week intensive program The DNA Diet Weight Loss System. This program is available via the internet (VOIP) or in person if you are in the Los Angeles area. Please visit our website for more information, news updates and testimonials [.thednadiet](http://.thednadiet).

The weight loss program is designed to work with your genetic expression and to be a lifelong guide you can use to tailor new programs to suit you. There are no gimmicks. You can lose up to 6 inches around your waist and as much as 15 pounds in the first six weeks as well as discover how to maintain your new healthy eating habits personalized for you

## **How do I get started?**

You can order the program at [.thedndiet](http://.thedndiet), or by calling (866)471-0529 (toll free) or in our secure store attached to the site [://store.fountainresourcesinc](http://store.fountainresourcesinc).

DNA Diet profile from the questionnaire responses only \$99

The DNA Diet Program \$300

The DNA Diet 6 Week Weight Loss System \$1,200

*Disclaimer: The six week weight loss program must be completed within 8 weeks. Weight loss is not guaranteed. All payments are final*

